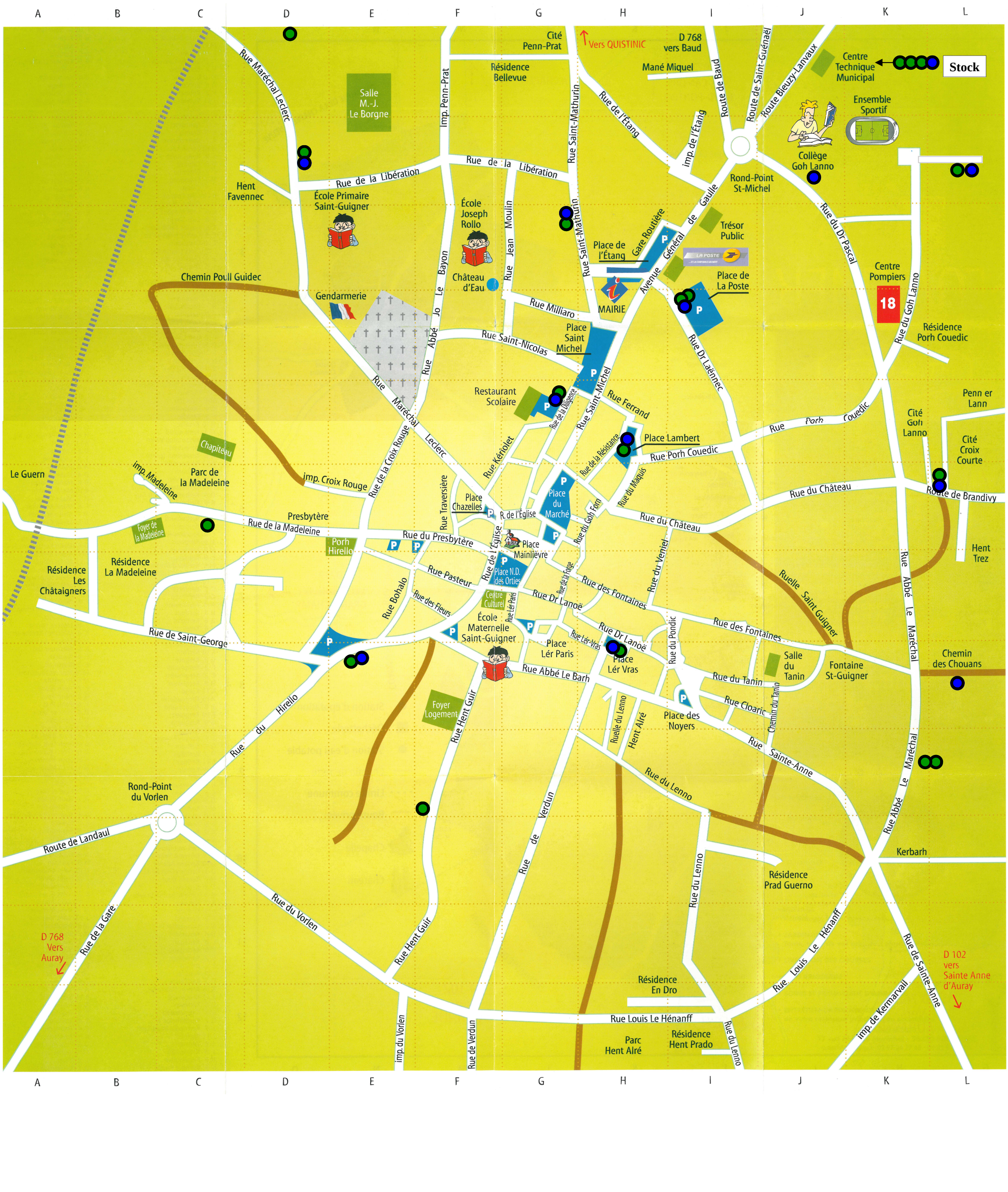Bourg de Pluvigner